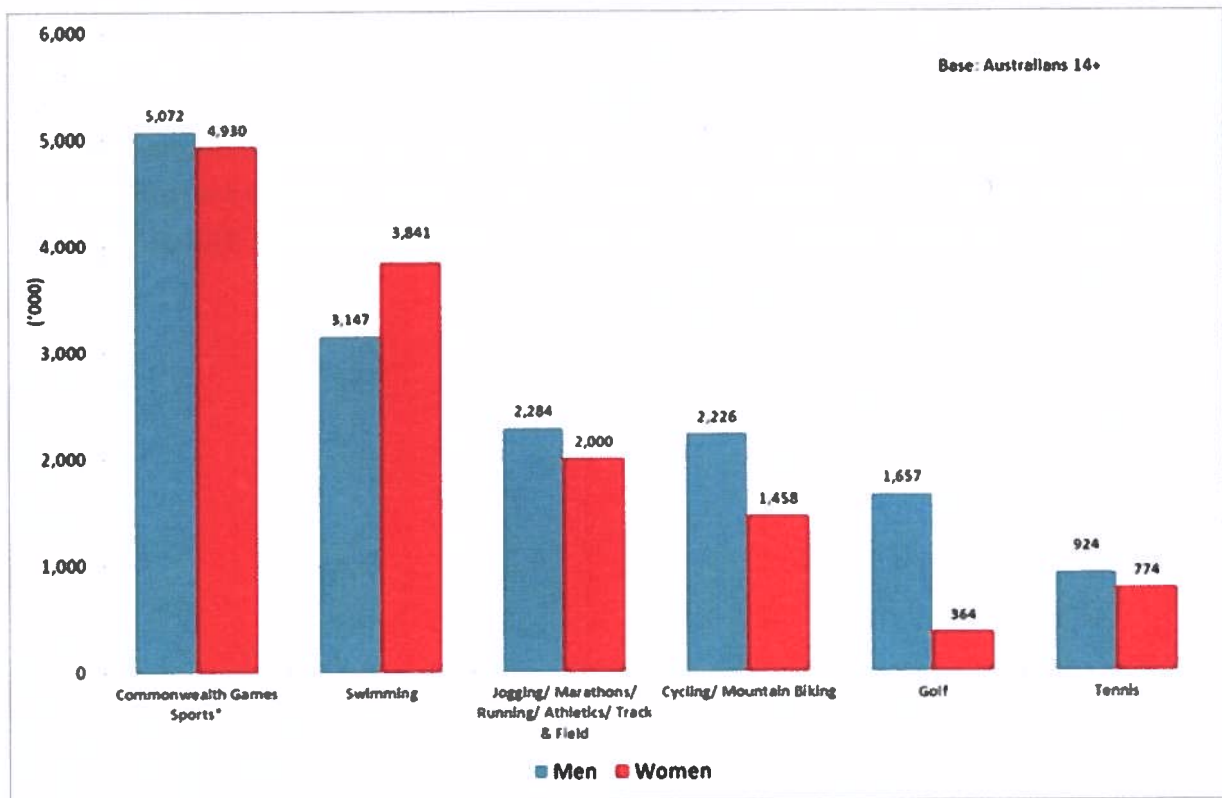


Compelling news and views by young people, for young people.

AUSTRALIA'S "BEST AND WORST" SPORTS



BY PAIGE BERESFORD

198 days ago

Australians have always been at the top end of our Commonwealth leader board, if not in the first slot. Recent research puts Australia's "best and worst" sports in the spotlight.

According to a survey, Australia's most successful Commonwealth sport is swimming. It is also the sport with the most activity – with 7 million Australians participating in the sport, that's 36.6% of the country's population. Out of these 7 million swimmers, 3.84 million of them are women, and therefore swimming is one of the rare sports that women compete in more than men.

It is not only swimming that Australians have proven their interest in. They also have large volumes of the population competing in other sports. Such as: athletics, mountain biking and cycling, golf and tennis.

Athletic sports such as jogging, marathons, running and track and field has around 4.3 million people participating in it, which is 22.4% of Australia. Cycling and mountain biking has the interest of 3.7 million Australians, 19.3% of their population.

Golf is a sport participated mostly by men. Out of the 2.02 million people who play this sport, only 364 are women and the rest are men, which comes to 10.6% of Australia. Tennis is one of the fewer sports played in Australia, with 1.7 million people participating. This is around 8.9% of Australia.

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